

Our Menu

Week 2 : September 7 - 11, 2026

Monday

- Breakfast** Fish Cake Udon
- AM Snack** Fresh Orange Juice
- Lunch** Napa Cabbage Soup
Beef & Mushroom Bulgogi
Stir-fried Sausage & Vegetables
Stir-fried Napa Cabbage & Egg
Banana
Rice
- PM Snack** Mini Banh Mi

Tuesday

- Breakfast** Seafood Rice Noodles
- AM Snack** Plain Milk
- Lunch** Potato & Vegetable Soup
Pork Cutlet with Cheese
Stir-fried Fish Cake in Soy Sauce
Stir-fried Zucchini
Melon
Rice
- PM Snack** Croissant

Wednesday

- Breakfast** Ham & Vegetable Rice Ball
- AM Snack** Yogurt
- Lunch** Beef & Radish Soup
Grilled Tteokgalbi
Stir-fried Crab Stick & Egg
Stir-fried King Oyster Mushrooms
Korean Pear
Rice
- PM Snack** Chicken Burger

Thursday

- Breakfast** Beef Tomato Spaghetti
- AM Snack** Pudding
- Lunch** Dried Radish Greens Soup
Stir-fried Chicken Breast & Vegetables
Fried Shrimp
Steamed Sweet Pumpkin
Apple
Rice
- PM Snack** Steamed Corn

Friday

- Breakfast** Vegetable Chicken Porridge
- AM Snack** Carrot Juice
- Lunch** Spinach Soup
Stir-fried Mixed Seafood in Oyster Sauce
Crispy Tofu with Sauce
Sweet Potato Salad
Watermelon
Rice
- PM Snack** Morning Roll with Strawberry Jam



All meals are prepared using purified water.
Food ingredients may vary depending on supply availability.



Our Menu

Week 3 : September 14 - 18, 2026

Monday

- Breakfast** Hu Tieu Noodles
- AM Snack** Fresh Tomato Juice
- Lunch** Chicken & Vegetable Soup
Stir-fried Beef & Bell Peppers
Stir-fried Fish Cake & Tomatoes
Seasoned Mung Bean Sprouts
Banana
Rice
- PM Snack** Shrimp Burger

Tuesday

- Breakfast** Mushroom & Beef Udon
- AM Snack** Plain Milk
- Lunch** Clam Soup
Soy Sauce Chicken Galbi
Braised Quail Eggs in Soy Sauce
Stir-fried Cabbage
Mandarin Orange
Rice
- PM Snack** Mini Muffin Cake

Wednesday

- Breakfast** Cream Sauce Spaghetti
- AM Snack** Yogurt
- Lunch** Shrimp & Tofu Soup
Soy Sauce Pork Belly & Braised Eggs
Corn Pancake
Stir-fried Tri-color Vegetables
Apple
Rice
- PM Snack** Crispy Chicken Bites

Thursday

- Breakfast** Seafood Fried Rice
- AM Snack** Vegetable Sticks
- Lunch** Assorted Mushroom Soup
Grilled Spanish Mackerel
Stir-fried Ham & Egg
Stir-fried Broccoli & Bell Peppers
Papaya
Rice
- PM Snack** Egg Mayo Morning Roll

Friday

- Breakfast** Crab Porridge
- AM Snack** Carrot Juice
- Lunch** Tofu & Radish Soup
Smoked Duck & Sausage Stir-fry
Sweet Potato Fries
Macaroni Salad
Watermelon
Rice
- PM Snack** Banh Bao



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Our Menu

Week 4 : September 21 - 25, 2026

Monday

- Breakfast** Chicken Noodles Soup
- AM Snack** Fresh Fruit Juice
- Lunch** Wax Gourd Soup
Hamburger Steak
Steamed Egg
Assorted Vegetable Salad
Dragon Fruit
Rice
- PM Snack** Hot Dog

Tuesday

- Breakfast** Stir-fried Vegetable Udon
- AM Snack** Plain Milk
- Lunch** Cabbage Soup
Braised Pork Meatballs
Fried Cha Gio (Spring Rolls)
Stir-fried Bean Sprouts & Crab Stick
Orange
Rice
- PM Snack** Cheese Stick

Wednesday

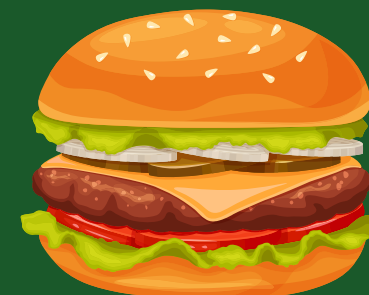
- Breakfast** Seafood Rice Noodles
- AM Snack** Drinking Yogurt
- Lunch** Miso Soup
Seasoned Fried Chicken
Braised Beef in Soy Sauce
Stir-fried Potato & Carrot
Mango
Rice
- PM Snack** Tofu Steak

Thursday

- Breakfast** Five-color Japchae Rice
- AM Snack** Pudding
- Lunch** Zucchini Soup
Stir-fried Beef & Bok Choy
Tri-color Skewer Pancakes
Cucumber & Apple Salad
Melon
Rice
- PM Snack** Shrimp Cutlet Burger

Friday

- Breakfast** Beef & Vegetable Porridge
- AM Snack** Fresh Apple Juice
- Lunch** Egg Drop Soup
Sweet & Spicy Shrimp Gangjeong
Pan-fried Tofu
Coleslaw
Watermelon
Rice
- PM Snack** Boiled Egg / Yogurt



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